

## **Current Client Populations**

I AM Powerful is delivered to the following populations:

- Leadership and Staff Development in Corporations
- Organizational Development in Companies, Non-Profits and Government
- Social Emotional Learning in the Educational System (for students and teachers)
- Family and Parenting Development in Social and Educational Systems
- Structured Support Groups and Life Skills Development for populations such as domestic violence, mental health, addictions, offenders in the justice system, and much more

## **Structure and Flexibility**

The program is flexible enough to be delivered in many formats and is currently delivered as a:

- 2 day Seminar (delivered over 2 full 8-hour days to 25-50 participants)
- 6-8 week 2 hour structured group (delivered once weekly for 2 hours to 10-15 participants)
- Ongoing aftercare program (delivered once weekly for 2 hours to 10-15 participants)
- 1 Week Intensive Program (delivered over 5 full 8-hour days to 25 participants)

## **Age Ranges**

The program is designed for anyone 15-16 years and older. We have populations and people who've effectively gone through the program from age 15-85!!

